

Girls on Purpose: Building Confidence in Girls

In our most recent Girls on Purpose program at Rancho Romero, **100% of participants reported increased self-confidence** after completing our eight-week program.

On a 10-point scale, participants rated their average confidence at **5.0 before the program and 8.93 afterward**, representing a **78.6% increase in average self-reported confidence**.

All 10 participants reported improvement, with individual confidence gains ranging from 1.9 to 8 points.

These promising results highlight the potential of Girls on Purpose to help girls develop greater confidence in themselves.

Methodology: Results reflect retrospective self-assessments completed by 10 participants at the conclusion of the program. Participants rated both their recalled confidence before the program and their confidence afterward